



SPECIAL TIMES

COMMUNITY THERAPEUTIC DAY SCHOOL

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2009 ANNUAL REPORT



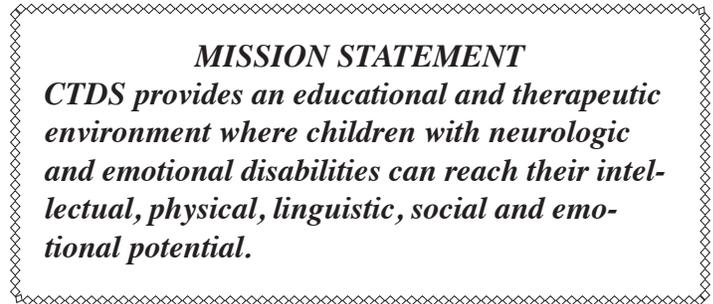
Larry Hartmann, MD, Board Chairman

Those of us who have known CTDS for many years are grateful to Bruce and Nancy, and all the teachers and other staff, and to all the students, and to all the families and extended families and outside supporters, for helping to make CTDS an island of health-promoting excellence for 35 years. The idea that a good nurturing “holding environment” is good for health and growth, and good for repair of damaged health and growth, was developed by Donald Winnicott, and has very fruitfully gone on being developed by CTDS.

It is not an easy thing to create a complex, helpful, lasting therapeutic environment for children with significant long-term problems. It is not easy to integrate good care for very troubled children. CTDS has done that.

In a world that is often messy, conflicted, and stressful, in a world that often lacks adequate funding and political support for good schools and good mental health care, CTDS has grown and developed into a remarkable beacon of good sense and good care. On a sound financial basis, on a sound educational basis, on a sound therapeutic basis, CTDS is a model therapeutic community organization.

For these 35 years I have been honored with the stewardship of this organization that is dedicated to bettering the lives of others. I am inspired by our mission to promote health in the individuals and families who seek our help, protection and guidance.



MISSION STATEMENT

CTDS provides an educational and therapeutic environment where children with neurologic and emotional disabilities can reach their intellectual, physical, linguistic, social and emotional potential.



Nancy Fuller, Executive Director

The mission of the Community Therapeutic Day School can only truly be measured by the impact we have on the lives of the children and families who walk through our doors day by day and year by year.

There are many who make CTDS a thriving, unique organization—teachers, staff, consultants, Board of Directors, trainees, parents, grandparents, siblings, friends and donors.

I have been blessed to work with a group of creative and dedicated people as we pursue building upon a foundation from the fields of education, psychology, science and medicine.

Your generous and kind support enhances our ability to carry out our important mission.

**PLEASE EMAIL YOUR
EMAIL ADDRESS TO US AT
CTDS1@VERIZON.NET**



“Caring for those who have cared for us”

The voice of a donor and supporter



Michela

Neila

by Neila Straub

My daughter Michela attended CTDS for six years, coming to the school after consulting the year before in a diagnostic evaluation. When we arrived at CTDS, we knew we had come to our homeland.

As a single parent, who had adopted Michela at a very young age, I knew that she would most likely face challenges in her maturation and learning. Never did I expect, however, to find a whole village to help me raise her. Not only was Michela in a holding environment, but I was as well.

At an early point in Michela’s attendance at CTDS, I decided to treat the school, as they had treated us, as part of a larger family. They say “charity begins at home”, and this was our home.

I was committed to monetary donations, and branched out to gifting a treadmill for the staff to use during the day to de-stress. When the 25th anniversary celebration was being planned, I knew that not only could I donate

auction items, but also give of my time.

I integrated my philanthropy with my self-fulfillment as a passionate gardener by planning and donating a garden and many plantings for the grounds and barn. I love to cook, so voila – I took on the stewardship of the Teacher Appreciation Luncheon.

Part of philanthropy is encouraging others to give as well. In 2004, I secured funding from a private trust to produce a public relations video to spread the word about all the programs and services the school has to offer.

Upon researching schools for Michela to attend after CTDS, it became even more apparent what a unique place CTDS is. After a one-woman unsuccessful campaign to expand the CTDS program to the upper grades, I realized that the community was forever, no matter where Michela attended school.

When it was time to move on, both Michela and I did not forget CTDS, nor did the program forget us. I have called upon the staff, parents, and teachers for continued support as we have navigated a difficult and often rocky course. Each member of the community has returned the love we feel for CTDS in many ways.

Despite many worthy causes I am currently involved in, I determined that our continued support of CTDS was important. I always believed in “karma kickback”, a philosophy of caring for those who have cared for us. Michela and I have continued our commitment financially, by making a foundation pledge which spanned five years, by donating a portion of her Bat Mitzvah gifts to CTDS, and by donating goods, services and equipment whenever there is a need we can fulfill.

CTDS was our foundation. It has been four years since Michela has left CTDS, but that foundation has seen us through. We are committed to making the continued viability and expansion of the CTDS mission our priority.

In deciding on what ways we could support CTDS, I turned to the core of my beliefs. I believe you lead by example. I have tried to support the program in three ways:

1. Giving as much as I can, and then giving a little more.
2. Encouraging others to see the importance of involvement and helping them find the way in which they can contribute.
3. Letting the program know how much we care.

In order to accomplish these tasks, we look not only to give during fund raising drives, but try to give at other times, in celebration of a special event, as an acknowledgment of a special kindness, in memory of a loved one, or just because.

Every day each of us has an opportunity to give by designating CTDS as the recipient of a special gift, or by having a portion of our good fortune designated for CTDS.

Michela learned this early in her life when she set aside a small portion of her paltry allowance for charity. I have made it a point to not only give of myself, but to ask others who know and understand the struggles these children and families go through to acknowledge their understanding by giving.

My advice for folks who might like to borrow my philanthropic approach to helping CTDS?

- Don't be afraid to start. By giving freely and often, you let the program know how much you appreciate the work that they do.
- Think about starting a family tradition, such as donations at Thanksgiving to CTDS, and cutting down on the amount of food or decorations to remind ourselves how little sacrifice hurts.
- Donations for the fund raising events, such as the 35th Anniversary Celebration, of money, auction items, ads or all of the above.
- Give your time to help out with something that the school may otherwise have to pay for.

Are you an electrician, painter, artist? Do you own a printing company, office supply store?

Do you have gift cards which could be used by CTDS?

- Send CTDS "child designed" note cards instead commercial of holiday cards.
- Donate the proceeds of a family yard sale.
- Honor a teacher, therapist or other staff member with a donation on their birthday, or at the holidays.

My giving is as nurturing for me as it is good for the program. Right now I am gearing up for the 35th Anniversary celebration. Don't be surprised if you receive a telephone call or an email from me looking for you to join me in supporting this wonderful program.

I liked working with Kristie, because she sat with me when I needed to do my work. Bruce was helpful to me because he picked the right medication for my problem. I liked my time with Nancy when we did walks up and down the campus. The best thing about Gina's room was I got to play with my friends. Linda helped me to learn to understand cursive.

by Michela

COMMUNITY THERAPEUTIC DAY SCHOOL		
Statement of Activities		
For the Year Ended June 30, 2009		
	<u>2008</u>	<u>2009</u>
	Total	Total
REVENUES, GAINS AND OTHER SUPPORT:		
Tuition and fees	\$2,479,607	\$2,512,667
Grants	12,000	6,250
* Contributions	2,265,946	100,200
Other Sources	497	110
Investment income	60,665	63,068
Satisfaction of program restrictions	-	-
Total revenues, gains and other support	<u>4,818,715</u>	<u>2,682,295</u>
EXPENSES AND LOSSES:		
Program services:		
Day treatment and education	1,624,638	1,687,198
Day treatment and education (Summer)	127,948	117,324
After School program	35,105	34,812
Inclusion program	<u>327,769</u>	<u>304,691</u>
Total program services	2,115,460	2,144,025
Supporting services:		
Management and general	393,486	380,044
Fundraising	<u>56,447</u>	<u>24,243</u>
Total supporting services	<u>449,933</u>	<u>404,287</u>
Total expenses	2,565,393	2,548,312
Net unrealized and realized losses on investments	<u>248,120</u>	<u>577,922</u>
Total expenses and losses	<u>2,813,513</u>	<u>3,126,234</u>
Change in net assets	2,005,202	(443,939)
Net assets at beginning of year	<u>2,531,069</u>	<u>4,536,271</u>
Net assets at end of year	<u>\$4,536,271</u>	<u>\$4,092,332</u>

* Contributions were transferred from the CTDS Supporting Foundation to the CTDS endowment account. The Supporting Foundation has been dissolved.

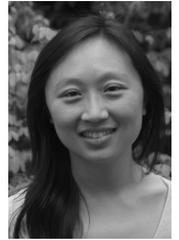
We are grateful for our new affiliation with the University of Massachusetts Medical School Department of Psychiatry. Thank you to the residents who joined us this fall.



Jennifer Neuwalder, came to psychiatry by way of sculpture, drawing, architecture, and medical research. She is a graduate of Harvard College and the Harvard Graduate School of Design, where she earned a Masters in Architecture. After much soul searching, she returned to the profession of her parents, earn-

ing an MD at Tufts, and then began the 5- year combined adult/child psychiatry residency program in the Department of Psychiatry at UMass, in Worcester. This past autumn, in her second year of residency, Jen came to CTDS, drawn in large part by the opportunity to see Winnicott's "holding environment" put in physical form and action. At CTDS, she observed (and at times participated in) many aspects of the school, spending time with children and staff in classrooms, music therapy, dance therapy, speech and play therapy, playground, apple picking, consultations, and student reviews. At CTDS, Jen came to appreciate more deeply the power of the "holding" in its many embodiments, and was continually inspired by the integrity of commitment to the children and their families.

Shirley Lui, *Child Psychiatry Trainee*, holds her M.D. from the University of California, San Francisco and her B.A. from University of California, Berkeley. She is currently enrolled in the University of Massachusetts Child and Adolescent Psychiatry Fellowship Program and has prior experience with the California Pacific Medical Center Adult Psychiatry Residency Program. Her areas of interest include autistic spectrum/ developmental and learning disabilities, cultural and global psychiatry, and disaster psychiatry.



SIBLING GROUPS NOW AVAILABLE TO CHILDREN OUTSIDE OF CTDS

Since 1991, Community Therapeutic Day School (CTDS) has been offering Sibling Groups as part of the comprehensive therapeutic services provided to the families of the children enrolled at the school.

CTDS is responding to an interest from families and related professionals to expand these popular groups beyond the day school program.

Sibling Groups are designed to help an exceptional and often overlooked population of children: Siblings of children with special needs. These siblings are in complex social and psychological circumstances and have needs of their own that require attention and support.

**For more information contact
Olivia von Ferstel or
Selene Aguayo-Gisholt
781 861-7081 or
ctds1@verizon.net**

Save the Date

**The Community Therapeutic Day School
Celebrates the holding Environment**

35 years of History, Health and Healing

April 10, 2010

6:00 - 9:00 pm



Special Times Editors:

Nancy Fuller
Lisa Jennings

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Individual and Family

Darwin Adams & Mary Eisenberg *in memory of Igor Fokin*
 Tom & Kathy Albert *in honor of Nancy & Bruce for 35 years of outstanding care and caring*
 Mary Alessi *in honor of Lauren Alessi*
 Frieda & Sid Alpert *in honor of Kathy Alpert*
 Jeffrey Alpert *in honor of Kathy Alpert*
 Jeffrey & Jane Bachmann *in honor of Dawn Burau & Mike Murray*
 Michael Bassichis & Sylvia Freed
 Phyllis & Harvey Baumann
 Jeffrey Beard & Elizabeth Myska
 Seddon & James Beaty
 Robert & Kathy Bennett *in honor of Kim Barad*
 Richard Brodie
 Randy Brown
 Jacob & Nancy Burkhardt
 Jim & Peggy Burling
 Paul & Catherine Buttenwieser
 Elizabeth Cabot
 Gillian & Francis Callaghan
 Wayne & Sue Campbell
 Norma Canner
 Elena Cassie *in memory of Avis Tait*
 Anna Cherkasskaya
 Brian & Heidemarie Conway
 Bard & Jane Crawford *in memory of Avis Tait*
 James Crawford
 Edward Cunningham *in memory of William Cunningham*
 Elisa Cunningham
 Mike Daley
 Eric & Margaret Darling
 Margaret Davidson *in memory of Avis Tait*
 Neil Devins & Jan Ellis
 Tom & Ellen Draper
 Daniel Dwyer *in memory of Mary Keane*
 Barry & Fran Dym
 Martin & Lauren Emmick *in honor of Lian Emmick*
 Jean Farrington *in memory of Avis Tait*
 Gary & Sharon Feldman *in honor of Alan Shapiro and Friendship*
 Harvey & Lynn Fisher *in memory of Avis Tait*
 Howard & Joanne Fisher
 Heather & Matthew Flynn
 William & Jane Foley *in honor of Nancy Pettenati*
 Kate Ford & Tomas Revesz *in memory of Avis Tait*
 Joanne Fray
 Ardeith Froeberg *in honor of Ethan Bushy*
 Nancy Fuller & Bruce Hauptman *in honor of Herbert Hauptman, in memory of Gerry McCormack, Nicole St. John, Grace Elizabeth, Bob Dora, Mary Keane, Lillian Lerner, Margaret Densmore*
 Carl & Lisa Gieg
 Andy Goldberg & Suzi Wojdyslawski
 Steve Gross
 Peter & Jayne Hamel *in honor of Ali Koehler*
 Lawrence Hartmann
 Beatrice Hauben & Judith Lane
 Danny & Judy Hauben
 Eddie & Jan Hauben
 Herbert Hauptman

Nadine Heaps
 Ralph Hebb & Andrea Bird
 Patty Hinckley-Kilmain *in honor of Meghan Hinckley*
 Michael & Barbara Holz
 David & Miriam Horton
 Richard & Nancy Howard
 Maureen & Thomas Huddleston
 Thomas & Sprague Huntington
 Steve & Beth Israel
 Shyam Jajodia & Stephanie Smith *in honor of Kathy & Alyssa*
 Jake & Rosalind Joffe *in honor of Ben Israel*
 Arthur & Reda Jovellas
 Lawrence & Linda Kaldeck *in honor of Steven Kaldeck*
 Arthur Katz *in memory of Gladys W. Katz*
 Janet Kenneally *in memory of Avis Tait*
 Courtney Kern
 Joe Krosser & S. J. Remington *in memory of Avis Tait*
 Teresa Kohlenberg & Dr. Tom Goodwille
 Ron and Deb Lagasse *in memory of Avis Tait*
 Murray & Deb Lapidés
 William & Beatrice Lavoie *in honor of Tyler Lagasse*
 Ann & Weston Liu
 Mark & Megan Lucier
 Wade & Martha Lupe *in honor Lian Emmick*
 Donna & Adel Malek
 Gabrielle Marroig & Jamie Moore
 Mary McDonald *in honor of Tyler Lagasse*
 John & Laura McNamara *in honor of Alan Shapiro*
 Cathlin & Max Meinhardt
 Corinne Miller *in honor of William Olesen*
 Paul & Nancy Miller *in honor of Teachers & Specialists*
 Joe & Noreen Mitchell
 James & Hollis Morris
 Rob & Joan Munnelly
 Robert Nardone
 William & Anne Neviackas *in memory of Mary Keane*
 Kevin and Stacey Newman
 Gary & Elizabeth O'Connell
 Gilbert O'Connell
 Kevin & Melissa O'Leary
 Joshua Passell & Jane Moncreiff *in honor of Janice Ware*
 Lisa Pawley & Rajesh Ranganathan *in honor of Nancy Fuller*
 Carol Peacock *in honor of Bruce Hauptman*
 Mike Pembroke
 Christopher & Vickie Perley
 Greg & Wendy Peverill-Conti
 Michael & Julie Porter
 Sharon & Paul Prizant *in memory of Avis Tait*
 Stephen & Jeanne Ralls *in honor of Tyler Lagasse*
 Pavithra Ramprasad
 Christopher Ripman
 Jennifer Ripman *in honor of Ben Ripman & Daniel Reinstein*
 Anne Rosen *in honor Meredith Rosen*
 Karen Safford *in memory of Avis Tait*
 Richard Sailor & Mary Johnston *in honor of Alan Shapiro*
 Leo Saraceno & Cara Voutselas
 Richelle Saunders *in memory Mary Keane*
 Simon Scheff
 Stephen & Toby Schlein
 Ed Seldin & Lisa Jimenez *in honor of Nancy and Bruce*

Richard & Ann Seltzer
 Alan Shapiro & Priscilla Harmel *in memory of Marion Verse, Mary Keane, Nicole St. John, Gerry McCormack*
 Henry Shaw *in honor of Dr. Jan Brown*
 Ralph & Sylvia Shuman *in honor of Sara Howard*
 Robert & Karen Silver
 Theodore Silverstein & Stephanie Adler
 Pamela Smith
 Sheldon & Karen Spector *in honor of Kathy Alpert*
 Peggy Stevens
 Joanna Stull
 Barry & Pam Sullivan
 Kathe Swaback *in honor of David Newman*
 Paul & Maryann Swierczek *in memory of Jim Lombardo & Stan Swierczek*
 Stephen & Alicia Symchych
 Michelle & Sean Traverse
 Ernest Van Seasholes *in honor of Bruce Hauptman & Nancy Fuller*
 Harold & Natalie Velleman *in honor of William Byers*
 Michael & Vicky Walton
 Janice & Jim Ware
 Al & Mary Weismann
 Barry & Denise Whitehouse *in memory of Mary Keane*
 Dorothy Wilde *in honor of Dr. Bruce Hauptman & Aaron Hauptman*
 Howard Wishnie & Cathy Mitkus
 William & Linda Wolk *in honor of Nancy Fuller*
 Emily Yerkes *in honor of Makai Yerkes & his loving family*
 Mark Yerkes & Jennifer Connor *in honor of Makai Yerkes & Mayana Connor*
 Jeffrey & Simma Zankel *in memory of Sidney Kapitofsky*

Foundations

Bristol Myers Squibb Foundation, *Matching Gift Program*
 Crossroads Community Foundation
 Kiskadee Fund
 Mortimer Charitable Trust
 Pfizer Foundation
 Raytheon Matching Gift
 Sovereign Bank Foundation
 Stop & Shop Perishable Proce., PPO Charity Fund
 Trilobite Trust
 United Way of MA Bay
 Dell Direct Giving

Corporations and Organizations

Clausen Financial Group
 Commonwealth of Massachusetts
 Flir Systems
 Fitzmaurice Electric
 General Mills Box Tops For Education
 Grantham, Mayo, Van Otterlo & Co. LLC
 James Devaney Fuel Company, Inc.
 Kirkland, Albrecht & Fredrickson LLC
 Leonard, Mulherin & Greene, P.C.
 Nardone Landscape
 Novartis Matching Gift
 Target Take Charge Of Education
 The Bank of New York Mellon Company
 Wagon Wheel Nursery & Farmstand, Inc.,
 Applera Corp.-Applied Biosystems

CTDS Welcomes Two New Board Members. . .

Tino DeLollis is a 20 year veteran in the financial services industry in the Boston area. He is currently employed by Fidelity Investments Institutional Wealth Services as a Vice President and Relationship Manager serving the needs of Registered Investment Advisors and Broker Dealer Firms. Tino and his wife Heidi are lifelong residents of Wellesley, MA and have two sons named Adam (9) and Tucker (5).



Tino is a graduate of Boston University where he studied business administration with a concentration in finance. Over his career in financial services he has held several leadership positions focused in the areas of marketing, product distribution and sales management. Tino also serves on the Wellesley United Soccer Board and volunteers as a music director for a local community theater company in Dover, MA. focused on developing young talent in the theater arts.

As a member of the CTDS Board Tino is dedicated to assisting the school in providing the best environment and care for students who are suffering with emotional and physical disabilities. His motivation for joining the Board is to honor the memory of his cousin William Cunningham, former CTDS student, so that other children may benefit from the love and care William received from the program.



Phyllis Topper Baumann, Esq. When Nancy asked me to write a brief note about what I hoped to accomplish on the CTDS board and what I hoped to receive from being on the board, it was difficult to get beyond the second part of the request. Learning about CTDS, I found a rare and unique group of people creating a very special environment for children and families. I suspect that I'll learn more from CTDS than what I can contribute. But I do hope to be able to enrich the perspective of the board from my experiences as an attorney and as a law school teacher. The legal status of children as well as people with disabilities has changed dramatically over the past thirty years and will continue to evolve. Legal issues affecting schools and education in general have expanded exponentially. These developments are both affirming and somewhat frustrating. We share a recent history of progress and the recognition of educational rights and legal protections. The change over the past thirty years has been dramatic. Nevertheless, persistent legal issues remain and new ones arise that demand creative solutions. I hope that working with the CTDS board will help me develop better insight and new approaches to some of these questions.

Phyllis is on the faculty of Northeastern University School of Law teaching property law and land use planning. In the past she has worked on housing discrimination and affordable housing issues. She has helped develop state regulations on foster care, adoption, special education and child welfare legislation.

