



# SPECIAL TIMES

## COMMUNITY THERAPEUTIC DAY SCHOOL

187 Spring Street, Lexington, MA 02421 781/861-7081

Spring 2022 Volume 33 # 1

## 2021 ANNUAL REPORT

MEETING OURSELVES JUST WHERE WE ARE

As we approach another year of this pandemic and a disruption in our personal and professional lives, we reflect on the resilience of the CTDS community. In our 48 years, we have never encountered a challenge such as this. The rigid protocols, the isolated spaces, the absolute concentration on safety. It has disrupted a sense of order and continuity and has influenced every decision we have had to make, all in the context of anxiety, fear, and uncertainty. Our primary goal has been to first open, and to remain open and to continue to be successful in building on our strengths of care, compassion, and collaboration.

The history of CTDS has taught us that when encountering an obstacle there are many ways to view the situation. What will help us to go forward? How can we take what we have learned to solve the problem? How can we care for the community? This lens shifts constantly. If we look at a problem in only one way, we are limited in our resolution. Change the perspective. Shift the light. Examine the shadows. Walk around, through, behind, and in front of the problem. View it from many angles. The solution, and often multiple solutions, will come into focus. Our capacity to join together and to respect our resilience and to recognize that together we are stronger, always strengthens the community and therefore our choices.

This Annual Report is dedicated to, and highlights, the exceptional staff at CTDS. Together our resolve is stronger, to not only survive but to flourish and to continue the dedicated and important work that we do, every day and every year. We personally want to thank and recognize each one of our staff for their determination, their voices, and their commitment to our community and to the holding environment. What we do as an organization embraces and parallels how we encounter each child and family in the challenge to understand, partner with and offer ourselves in finding a path forward for us all.

### A PATH FORWARD



*Nancy Fuller,  
Executive Director*



*Michelle Traverse,  
Program Director*



### STEPS TO THE FUTURE

The Community Therapeutic Day School is very grateful to have such a wonderful and dedicated staff.

We are pleased to share them with you.

2021-2022



Nancy Fuller, Executive Director/CTDS Board President, co-founded CTDS in 1974. Nancy holds advanced degrees in Administration, Psychology and Education. She is a Licensed Certified Social Worker, a Marriage and Family Therapist, a Licensed Mental Health Counselor, a Certified Special Education Educator and has several years of psychoanalytically oriented psychotherapy training. She also has a private psychotherapy practice and consults to other programs. Nancy holds an adjunct faculty teaching-affiliated appointment at UMass Medical School. Prior to CTDS she directed two other programs. Nancy was married to the late Bruce Hauptman, co-founder of CTDS, and they have three sons.



Bridget Glenshaw, Clinical Program Manager/Therapist, joined CTDS in 1997. She is a Licensed Mental Health Counselor who holds an M.A. in Expressive Therapies and completed post-graduate training at the Institute for Existential Psychoanalytic Therapy. Bridget is the co-author of *Sibling Group Lends a Helping Hand* and most recently, a compilation of clinical vignettes taken from diagnostic consultations conducted at CTDS, entitled "Beauty is in the Eye of the Beholder." Her myriad responsibilities within CTDS include co-leading Parent Group and Grandparent Group, facilitating Diagnostic Consultations, supervising classroom teaching teams, conducting home visits to new families entering the school, as well as seeing children and parents in therapy. She maintains a private practice in Cambridge specializing in pregnancy loss and related grief counseling, while also leading pregnancy loss support groups through Newton/Wellesley Hospital's Heal Foundation. In 2019, she completed a volunteer training in MGH's Volunteer Cuddlers Program to inform her interest in the effects of Neonatal Abstinence Syndrome, and completed a Master's Series in Couples Counseling through Therapy Training Boston. In 2015, Bridget became a registered Yoga teacher. She is married to Therapeutic Teacher, John Glenshaw, and they have one high school aged son.



**Daniel Reinstein**, *Psychologist*, joined CTDS in 1981. Daniel graduated from the University of Delaware with a B.A. in 1974, and received a Ph.D. in 1980. He was a post-doctoral fellow at MIT from 1980-1986 and completed a Harvard fellowship in clinical neuropsychology in 2003. Previously, he conducted research on the development of neurotransmitter systems in the brain and the relationship between nutrition, neurochemistry and behavior. He is an Instructor in the Department of Psychiatry at UMass Medical School. Daniel is currently conducting Neuropsychological Evaluations outside of CTDS. His book, *To Hold and Be Held: The Therapeutic School as a Holding Environment*, was published by Routledge in 2006. A second book titled *Integrating Neuropsychological and Psychological Evaluations; Assessing and Helping the Whole Child*, written in collaboration with Dawn Burau, CTDS Inclusion Staff was published by Routledge in May 2014. Their next book, *Applying the Results of Neuropsychological and Psychological Assessments: A Manual for Teachers and Specialists*, was published by Routledge in 2017.



Michelle Traverse, Program Director, began her career at CTDS in 1993. She started as a therapeutic teacher in the youngest children's classroom, coordinated the summer and after-school programs, and saw clients in the Inclusion program. She returned to CTDS in 2008 in the Social Work position after a 12 year hiatus and became the Program Director in 2016. Michelle received her BA in Psychology in 1985 and her Masters in Social Work in 1991 and is a Licensed Independent Clinical Social Worker. Michelle's prior experience includes facilitating cooperative groups at The Academy of Physical and Social Development, family and individual therapy in a residential treatment program at the New England Home for Little Wanderers and interning at McLean Hospital and Mass Mental Health Ctr. At CTDS some of her responsibilities include: Diagnostic Consultations, supervising classroom teaching teams, seeing children and parents in individual therapy, both within the program and through our Community Services Program, coordinating enrollment and running our Grandparent and Parent Groups. Michelle is an avid runner, cyclist and skier and is the parent of three children.

Olivia von Ferstel, Educational Program Manager/Therapist, began her career at CTDS in 1994 as an intern, then therapeutic teacher in the CTDS run Belmont Inclusion Program. She was a teacher in the Transitional Classroom for seven years before assuming her current position. She has a B.A. in Psychology, an M.A. in Expressive Therapies, and completed a certificate program at Boston University's School of Management Institute of Leadership in Non-Profit Organizations. She holds her certification in Special Education and is a Licensed Mental Health Counselor. In addition to her administrative work at CTDS, Olivia supervises interns and leads internal Sibling Groups. In the CTDS Community Services Program Olivia leads the Sibling Groups and works as a child and family therapist. She is the co-author of *Sibling Group Lends a Helping Hand: A Guide to Facilitating Support Groups for Children with Special Needs* and was on the Board of Directors of the Massachusetts Sibling Support Network.



## Individual and Families

Johathan Aibel  
Tom & Kathy Albert  
Jeffrey & Freida Alpert, *in honor of Kathy Alpert*  
Anonymous  
Anonymous, *in honor of Kim Barad*  
Anonymous, *in memory of Bruce Hauptman, MD*  
Anonymous, *in honor of CTDS Staff and its energy*  
Michael Ashenuga & Liz Vondrak  
Phyllis & Harvey Baumann  
Edward Bell, *in memory of Dr. Peggy Bell*  
Debbie Bergeron, *in honor of Daniel Reinstein, PhD*  
George Berman  
Alexandra Bickford, *in honor of Dr. Bruce Hauptman*  
Jacob & Nancy Bloom  
Maryellen Bradley-Gilbert, *In Honor of Nancy Fuller. In Memory of Bruce Hauptman, MD,*  
Tony Bram, *in Honor Of Selene & Olivia for their Sibling Groups*  
Richard Brodie, *in Memory Of Bruce Hauptman, MD*  
Phillip & Krista Brusio, *in honor of CTDS Educators*  
Barbara Ann Bryce  
Jim Burling  
Dotty Burstein  
Linda & Tim Butler, *in Honor of Sid & Nan Swaminathan, in Memory of Dr. John Butler*  
Kiera Butler  
Dr. Thrassos Calligas  
Clovene & Dean Campbell  
Jason & Mark Campbell-Foster  
Robin Cohen  
Len Cohen, *in honor of Dana Cohen*  
Rebecca Conway  
Edward Cunningham, *in memory of William Cunningham*  
Eric & Margaret Darling  
Nicole DePasquale  
David & Valerie DiGregorio  
Tom & Ellen Draper  
Charles & Nettie Dunsford, *in memory of Bruce Hauptman, MD*  
Daniel Dwyer  
Michael Ferguson  
Lynda Fink & Maury Lederman, *in honor of Max Lederman*  
Howard & Joanne Fisher  
Peter Fleiss  
Michael & Ellen Fontenot, *in honor of Philippe Fontenot*  
Richard & Elizabeth Frank, *in memory of Bruce Hauptman, MD*  
Nancy Fuller, *Congratulation to Bella on the Birth of her child, in Memory of Grant Burau, Bruce Hauptman, MD,*  
Dr. Harris Gibson, *in honor of Michelle Traverse*  
Pavithra Giridharan  
Andy Goldberg  
Robert Goodman  
Trudy Goodman  
Adam Graham  
Mike Graham  
Norman & Susan Hall Hildreth  
Peter & Jayne Hamel, *in honor of Alison Koehle*  
Stephanie Hanks  
Lawrence Hartmann, MD  
Corinne Harvie, *in Honor of Alan Shapiro, Bridget Glenshaw in Memory of Betsy Zito*  
Aaron Hauptman  
Michelle Hennessy-Kowalchek

Mea & Bill Hilton, *in honor of Cait and Kathy and Serena*  
Patty Hinckley-Kilmain, *in honor of Meghan Hinckley in memory of Marjorie Wellins*  
Bryan Horling  
David Horton, *in Honor Of Nancy Fuller*  
Thomas & Bethany Innis  
Jonathan & Shelley Isaacson  
Steve & Beth Israel  
Fran Jacobs & Barry Dym  
Ron & Deb Joseph  
Arthur & Reda Jovellas, *in Memory of Bruce Hauptman, MD*  
Arthur Katz  
Tony & Gail Keefer  
Janet Kenneally  
Mohiuddin Khan  
Joe Kitrosser, *in memory of Sally Joy Remington*  
Neil & Miriam Kowall, *in honor of Michelle, Bridget, Cait, Kathy, Dana, Rachel,*  
Ron & Deb Lagasse, *in memory of Dustin Deranian*  
Lisa Lansing, *in memory of Bruce Hauptman, MD*  
Murray & Deb Lapidis  
Paul Levenson  
David & Regina Levine, *in memory of Bruce Hauptman, MD*  
SweeCheng & Beoleong Lim  
Mark & Megan Lucier  
Derek & Carrie Martyn, *in honor of teachers and staff*  
Elizabeth May  
John McNamara, *in honor of everyone at CTDS*  
Corinne Miller  
Joyce & Richard Morimoto  
James & Hollis Morris  
David & Sue Morris, *in memory of Bruce Hauptman, MD*  
Edward & Daveda Movitz, *in honor of Jack*  
Dr. Kerim & Soizick Munir, *in memory of Bruce Hauptman, MD*  
Rob & Joan Munnelly  
Mike Murray, *in honor of Daniel Reinstein, PhD*  
Eleanor Nathan  
Dave & Liz Neustaedter  
Jennifer Neuwaldner  
Kevin & Stacey Newman  
Eileen O'Connell, *in memory of Bruce Hauptman, MD*  
Vita Paladino-Mcelroy, *in honor of Mateo Mendoza*  
Amy & Jay Patel, *in honor of Nancy Fuller*  
Christopher & Vickie Perley  
Dr. Charlie Popper, MD  
Daniel & Toni Reinstein, *in memory of Bruce Hauptman, MD*  
Norman Rich  
Samuel & Robin Richardson, *in honor of Lauren*  
Jennifer Ripman Ph.D. & Richard Munroe, *in honor of Ben and Daniel Reinstein*  
Diego Rosenfeld, *in honor of Cait Adelman, Kathy Moddero & Ivy Coughlin*  
Barbara & Daniel Rosenn MD, *in memory of Bruce Hauptman, MD*  
Philip Ruedi & Laura Staich  
Chris Ruigomez & Emily Bruell  
Mike & Caroline Saganich, *in honor of Bridget Glenshaw*  
Les Savage  
Dr. & Mrs. Stephen Schlein  
Lynn Schoenfield, MD  
Matthew Schulman, *in honor of Dear Aunt Nancy and Uncle Bruce*

Marlene Schulman, *in memory of Bruce Hauptman, MD*  
Ed Seldin, *in honor of Nancy Fuller, in memory of Bruce Hauptman, MD*  
Richard Seltzer, *in honor of Michael Howard Lewis*  
Alan Shapiro & Priscilla Harmel, *in honor of Noah Lev Shapiro, in memory of Bruce Hauptman, MD,*  
Stephen Jovellas, Grant Burau, David Kantor  
Henry Shaw, *in memory of Dr. Janet Brown*  
Margaret Sheehan  
Russell Sherman & Wha Kyung, *in memory of Do Hee Kim*  
Bennett Silverman  
Theodore & Stephanie Silverstein  
Lori Silverstone  
Marlene Simpson  
Karen Spector, *in memory of Sheldon Spector*  
Joanna Stull, *in memory of Bill Cherry*  
Barry & Pam Sullivan  
Mike Theroux  
Marilyn Tom  
Michelle & Sean Traverse  
Heather Tunnicliffe, *in memory of Bruce Hauptman, MD*  
Victor & Diane Veloso  
Janice Ware, PhD  
Tabor Wells, *in honor of Lauren Miller, Karin Linden, Valerie Jackson*  
Howard Wishnie MD & Cathy Mitkus, *in memory of Bruce Hauptman, MD*  
Judy & Jeffrey Wisnia, *in memory of Bruce Hauptman, MD*  
Linda Work, *in Honor of Nancy Fuller*  
Mark Yerkes & Jennifer Connor  
Clay Yost  
Pat Zito, *in memory of Bruce Hauptman, MD*

## Corporations & Organizations

ABC CPR Services, Inc.  
FSA Wealth Management, *in Honor of Nancy Fuller*  
Keane Fire & Safety Equipment Co. Inc.  
Peoples United Bank  
The Benevity Community Impact Fund  
Wagon Wheel Nursery & Farmstand, Inc.

## Foundations

Howard & Katherine Aibel Foundation  
Combined Jewish Philanthropies  
Fidelity Charitable Gift Fund  
Fidelity Charitable Gift Fund, *in Memory of Bruce Hauptman, MD*  
Greater Horizons  
Loring Wolcott & Collidge Trust, LLC  
Pfizer Foundation, *in honor of Steve Brennan*  
The Boston Foundation  
The Doug Flutie Jr Foundation for Autism Inc  
Weil Foundation

**Special Times Editors and photography:**

Nancy Fuller  
Lisa Hawkes  
CTDS Staff

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**Kathleen Alpert**, *Secretary/Receptionist*, began at CTDS in 1989. Kathy has an Associate's Degree in Executive Secretarial Studies. She previously worked at Metropolitan Life Insurance Company. Kathy has one daughter and a grandson.

**Lisa Hawkes**, *Chief Operating Officer*, started at CTDS in 1997. She previously worked for Advantage Health Corporation and New England Rehabilitation Hospital in their accounting department. Lisa has a degree in Business Management.



**Ethan Goldman**, *Property Care Taker*, joined CTDS in the summer of 2020. Ethan holds a Bachelor of Fine Arts in Musical Theater. He has been an actor in New York City and various places around the country and a Special Event Supervisor for the Metropolitan Museum, Lincoln Center, the Guggenheim Museum, the American Museum of Natural History and ComicCon in San Diego.

**Thomas M. McCormack**, *Social Worker/Founder*, returned to CTDS in 2007 after first working with the program in its inception in 1974. He holds a B.A. in Sociology and an M.S.W. Tom is an LICSW who sees families and children in individual psychotherapy. Tom hails from Portsmouth, NH where he continues his private practice in child and adult psychotherapy.



**Joel Goldstein**, *Psychiatrist*, joined CTDS in the Spring of 2018. He holds his B.A from the University of Pennsylvania and his MD from Albert Einstein College of Medicine in New York. Currently, Joel is a child/adolescent psychiatrist for the Department of Mental Health and the Pediatric Behavioral Health Medication initiative. He is a Clinical Assistant Professor in the Division of Child and Adolescent Psychiatry at Cambridge Health Alliance/Harvard Medical School as well as an Assistant Professor in the Division of Child and Adolescent Psychiatry at UMass Medical School. He also has a private practice in Lexington. Joel is a member of the American Psychiatric Association, the American Academy of Child and Adolescent Psychiatry (AACAP) and of the New England Council for Child and Adolescent Psychiatry (NECCAP).



<b>COMMUNITY THERAPEUTIC DAY SCHOOL</b>			
Statement of Activities			
For the Year Ended June 30, 2021			
	2021	2020	
	Total	Total	
<b>REVENUES, GAINS AND OTHER SUPPORT:</b>			
Tuition and fees	\$2,880,462	\$2,811,535	
Contributions	200,237	89,029	
Grants	96,472	30,250	
Investment income	2,344,487	54,296	
Other Income	107	414	
Net assets released from restrictions:			
Satisfaction of program restrictions	-	-	
<b>Total revenues, gains and other support</b>	<b>5,521,765</b>	<b>2,985,524</b>	
<b>EXPENSES:</b>			
<b>Program services:</b>			
Day	2,457,638	1,821,209	
Summer	127,974	131,803	
Inclusion program	230,361	264,402	
<b>Total program services</b>	<b>2,815,973</b>	<b>2,217,414</b>	
<b>Supporting services:</b>			
Management and general	440,578	384,339	
Fundraising	100	271	
<b>Total supporting services</b>	<b>440,678</b>	<b>384,610</b>	
<b>Total expenses</b>	<b>3,256,651</b>	<b>2,602,024</b>	
<b>Change in net assets</b>	<b>2,265,114</b>	<b>383,500</b>	
Net assets at beginning of year	10,585,245	10,201,745	
Net assets at end of year	12,850,359	10,585,245	



**Michele Passanisi**, *Nurse Consultant*, holds an R.N. In addition to her work at CTDS, Michele is the Director of Nursing at the Cotting School. Her prior experience includes working as a School Nurse at Prospect Hill Academy and as a Staff Nurse at Mt. Auburn Hospital and the Newton-Wellesley Hospital.



**Amy Patel**, *Learning Specialist* has been at CTDS since 1996. Amy has an M.A. in Art Therapy and a B.A. in Studio Art and Art Therapy. She is a Licensed Mental Health Counselor, a Certified Special Education Teacher, certified Wilson Reading Instructor and a Registered Art Therapist. Amy teaches Science in every classroom and works individually with students for Reading remediation. Previously, Amy was a therapeutic teacher at CTDS and a faculty member at Emmanuel College in Boston. She is married and is the mother of three children (including twins!)



**Kunjan Anjaria**, *Learning Specialist* grew up in Bombay, India where she got her BA degree in Human Development. She began at CTDS in 2001 as a graduate student intern while pursuing her M.Ed. in Counseling. Kunjan was a therapeutic teacher in the classroom and worked in the Inclusion Program at CTDS until she moved overseas temporarily in 2007. During this time, she explored other interests such as owning a business in couture Indian bridal wear and conducting workshops as a Learning and Development professional at a Global Consulting Firm. She returned to CTDS in 2010 as our Technology Consultant. In 2017, she completed her Masters in Special Education from Lesley University and obtained her teaching license. Kunjan teaches Social Studies in every classroom and works individually with students for Math remediation. She is passionate about integrating technology in the curriculum to make it more engaging and accessible to students. She has two children.

**Linda Butler**, *Educational Consultant*. Since 1985 Linda has worked at CTDS as a therapeutic teacher, learning specialist, MCAS coordinator and curriculum developer. At present, Linda works as a consultant to the program and works closely with the academic team. This year, she will also be reorganizing and updating the school library. Linda is certified in both Early Education and Special Education, and is a Licensed Mental Health Counselor. Previously she taught in the NYC public schools, was Director and Head Teacher of a preschool in Connecticut, and a senior therapist at a therapeutic nursery school in Utah. Linda's professional interests include multiple intelligences, alternative education and Literacy.







**Tara Jane Bessette**, *Occupational Therapist* joined CTDS in 2016. She has a B.S and M.S. in Occupational Therapy. Tara Jane has had extensive experience working in inpatient and outpatient settings with children with neurologically and medically complex diagnoses. She has had extensive training in the sensory integration framework. Additionally, she is a director for an integrated summer day camp.

**Julie Bender**, *Speech and Language Therapist* just joined CTDS this year. She holds a Bachelor's of Science in Cognitive Science with a specialization in Speech Language Pathology and minors in Psychology and Disabilities Studies. She received her M.S in Speech Language Pathology. Her previous professional experiences include clinical placements in an elementary school, a high school and a rehabilitation hospital. She has also worked as a substitute preschool teacher and a camp counselor for children with disabilities.



**John Glenshaw**, *Therapeutic Teacher*, started at CTDS in 2001. He holds a B.A. in Psychology from the University of Rochester and a Masters in Education in both Special and Elementary Education. John leads the CTDS Father's Group. He is married to Bridget Glenshaw, Clinical Program Manager.

**Gabrielle Malek**, *Therapeutic Teacher*, started as an intern in 2013 in Steve's class and joined CTDS the following year. She holds a B.A in Psychology and Dance Performance Studies. She has her Masters in Expressive Therapies, and she specialized in Dance/Movement Therapy and Mental Health Counseling. Bella is a Licensed Mental Health Counselor, holds her certification in Rainbow Dance and is in the process of obtaining R/DMT and CBT certifications. In addition to her work in the classroom, Bella sees children in individual therapy through our Community Services Program.



**Lauren Smith**, *Therapeutic Teacher*, started as an intern in 2015 and joined CTDS the following year. She holds an M.A. in Expressive Therapies and Counseling Psychology, an M.A in Special Education and a B.S. in Psychology. Lauren is a Licensed Mental Health Counselor and holds a 200 hour, Yoga intensive teacher training certificate. In addition to her classroom work, Lauren sees private clients through the CTDS Community Services program. Previously, Lauren interned as a school counselor at the Academy of the Pacific Rim Charter School in Hyde Park, MA and held an internship at the Institute for Community Inclusion supporting disability research in Boston. She has also volunteered as a counselor at Camp Arrowhead in Natick, MA.



**Valerie Jackson**, *Therapeutic Teacher* started at CTDS as an intern in 2015 while she pursued her Masters in Dance/Movement Therapy and Clinical Mental Health Counseling. She holds a B.S. in Psychology and B.A in Communication studies with a Dance Education concentration. Previously, Val was a therapeutic tutor for elementary school students in both public and private school settings. She returned to CTDS in 2018 as Support Staff. Val is a Licensed Mental Health Counselor and registered Dance Movement Therapist. In addition to her classroom work at CTDS, she teaches a variety of styles of dance to children, ages 2-18 at different studios. She is also currently enrolled at Lesley University, working towards her Masters in Special Education.



**Dana Cohen**, *Therapeutic Teacher* joined CTDS as a graduate student intern from Lesley University in 2009. Dana holds a B.S. in Dance and Secondary Education, an M.A. in Dance Therapy and Mental Health Counseling and a Master's in Special Education. She is a Licensed Mental Health Counselor, licensed Special Education teacher, PreK-8 and a Registered Dance Movement Therapist. Dana is also an adjunct professor at Lesley, teaching in the Expressive Therapies Program and volunteers for the Emotional PPE Project, offering free therapy for Covid-19 healthcare workers.



**Rachel Woodward**, *Therapeutic Teacher*, started as an intern at CTDS in 2011 while she pursued her Masters in Clinical Mental Health Counseling at Lesley University. She holds a B.A. in English Teaching. Rachel holds her licensure in Mental Health Counseling and School Guidance K-12. In addition to her role as therapeutic teacher, Rachel co-leads Sibling Groups and sees private clients at CTDS in the Community Services Program.

## FROM OUR STAFF

“CTDS is a supportive environment to learn, share, question, be curious, think, and laugh.”

“I feel “held” in the values of our organization.”

“Families, thank you for entrusting your children to us. Teachers are on the front line, to be there for children and families. We are here at CTDS with care, curiosity, compassion, and community.”

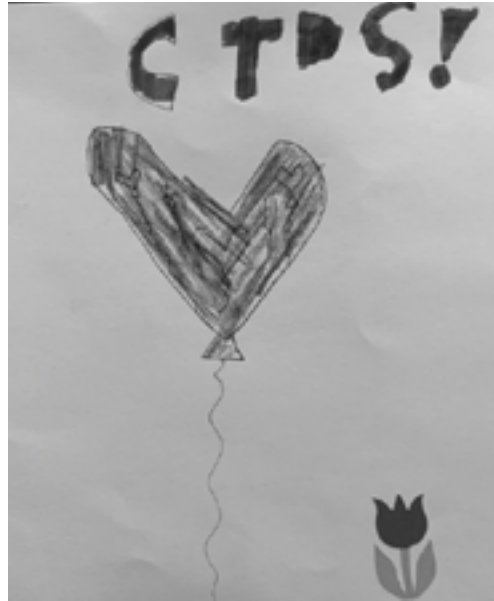
“Our guiding philosophy of the late Donald Winnicott's concept of “good enough” is helpful to parents and professionals and children.”

“Our work is love.”

“We are evolving yet holding true to our core values.”



## FROM OUR STUDENTS AND PARENTS



“CTDS is the third parent in the room. They helped us raise our child.”

“Change happens but not in a straight line. CTDS is holding our family, It has been a lifesaver. It has been a life changer.”

“My child finally feels at home. My child has learned how to identify feelings and is more in control. The teachers love the children for who they are- even their quiriness.”

“To say the staff have “stepped up to the plate” these past two years is an understatement. They CTDS staff has recreated the entire playing field.”

“These teachers are rock stars!”

“To you, all dedicated and enterprising, we are grateful. CTDS you are a great team! Four years ago our child barely spoke, today he talks to express himself, puts his thoughts and emotions into language and can read. He has dreams and goes into his future that reflect his desire and motivation to have as normal a life as possible and to emancipate himself.”

“The day I walked into CTDS holding my son’s hand. I was in a safe place. I knew it. I could feel it in my heart. I handed over my heart and you have handled it with tender, loving care. Now we are ready to go. Now my son has taken my hand and we are moving on.”



**Cait Adelman**, *Therapeutic Teacher*, started at CTDS as an intern in 2011-2012 and continued on as Support Staff for the following two years. She returned to CTDS in 2016 after spending two years working as a school based therapist in Indiana. Cait is a Licensed Mental Health Counselor who received her M.A. Mental Health Counseling and holds a B.A. She is a certified Yoga Instructor who enjoys integrating relaxation techniques in the classroom environment. Cait is married and the mother of two.



**Kathy Modderno**, *Therapeutic Teacher/Social Worker*, joined CTDS as an intern in 2001 and has worked in different classrooms since 2003. She has an M.A. in Developmental and Educational Psychology, an M.S., and an M.Ed. Kathy is both a Licensed Independent Clinical Social Worker and a licensed Special Educator for Moderate Disabilities, PreK-8. Her prior professional experience includes work with formerly homeless elders and with students at a vocational school in New York. She is interested in inter-generational activities and group work. She is married and the mother of twins.



**Stephen Brennan**, *Therapeutic Teacher, Arts Coordinator, Summer Program Coordinator*, started at CTDS in 1992. Steve is a Licensed Mental Health Counselor who holds an M.A. in Intermodal Expressive Therapies, and a B.F.A. in Art Education. He taught a graduate course, “The Inclusive Visual Arts Classroom” at Lesley University for a number of years. His prior professional experience includes design and production of exhibits for the Boston Children’s Museum, a therapeutic counselor at programs such as Metropolitan State Hospital, the Gifford School, and the Center for Creative Arts Therapies. He spent two years living in Switzerland studying abroad. In Europe he attended the International School for Interdisciplinary Studies in Expressive Therapies and the Schule for Gestaltung in Fine Arts. Steve also sees private clients at CTDS through our Community Services Program and heads the Art Department, incorporating ‘Big Art’ into a whole school monthly program.



**Christina Ogunti**, *Therapeutic Teacher, Technology Instructor* was an intern in 2017-2018 in the Transitional Classroom while she pursued her Masters in Clinical Mental Health Counseling and School Adjustment. She holds a B.S. in Counseling with a specialization in holistic psychology. Along with her CTDS work, Christina also provides outpatient therapy to women of color and is a crisis hot-line volunteer. Her interests lie in child and adolescent identity development and creative writing.



**Serena Hadsell**, *Support Staff*, was an intern in 2003, followed by a therapeutic teaching position from 2004-2007. She returned in January of 2017 in a support staff position. She holds her B.F.A. in Dance and her M.A. in Dance/Movement Therapy. Previously Serena worked in an inpatient psychiatric hospital with adolescent girls and adult women dealing with eating disorders. She was also a clinical mentor at Drexel University working with dance/movement therapy students and at the Kardon Institute for Arts Therapy in Philadelphia, working with individuals dealing with a wide range of developmental and neurological issues. She has been Adjunct Faculty at Lesley University. Serena is married and the mother of two children.



**Nicole Camuso**, *Support Staff* was an intern for the 2019-2020 school year while pursuing a Master’s in Dance/Movement Therapy and Clinical Mental Health Counseling. She holds a B.A. in Dance Performance and minor in Biology from Roger Williams University, RI. Previously, Nicole worked as a dance instructor with children, ages 4-12 and taught gym/fitness classes at MyGym Children’s Fitness Center for three years.



**Jordan Kaufman**, *Support Staff/Therapeutic Fellow* began as an intern at CTDS last year. She has her M.A in Expressive Arts Therapy and Mental Health Counseling. She has an undergraduate degree in Social Work and is a certified and experienced yoga teacher. Jordan is currently pursuing her level one certification in Developmental Transformations and holds certifications from courses in treating complex trauma, application of mindfulness to clinical work and mindfulness and the brain.



**Selene Aguayo-Gisholt**, *Psychotherapist*, began as an intern at CTDS in 1996. She has a B.A. in Psychology and an M.A. in Art Therapy. Selene is a Licensed Mental Health Counselor who has worked at CTDS as a Therapeutic Teacher and Program Manager. Selene has also served as an adjunct professor at Lesley University and a visiting speaker at Universidad Iberoamericana in Mexico City. She is currently providing child therapy, family therapy and consultations to professionals in various private and public schools and co-leads the Community Services Sibling Groups. Selene is particularly interested in child development, attachment theory, temperament and mindfulness. She is the mother of two young men.



**Dawn Burau**, *Community Services Therapist*, LMHC, ATR, and special educator, is core faculty at Lesley University in the Graduate School of Expressive Therapy. She has given multiple lectures at local and national conferences on topics related to special education, curriculum modifications, use of arts in the school setting, and interpreting and applying neuropsychological assessments in the classroom and in the development of treatment plans. She worked as a teacher and therapist at the Community Therapeutic Day School for 13 years with children diagnosed with both learning disabilities and social/emotional disabilities. Dawn co-authored two books with Daniel Reinstein: *Integrating Neuropsychological and Psychological Assessments* (2014) and *Applying the Results of Neuropsychological and Psychological Assessments* (2017)



### CTDS INTERNS

**Nicole Stroumbos**, intern in John and Bella's class, is currently pursuing an M.A. in Expressive Arts Therapy and Clinical Mental Health Counseling. She holds her B.F.A in Painting. Nicole is a certified Leap N' Learn instructor, and engaged early childhood dance education curriculum. She has 10+ years teaching experience with ages 2-18 and is passionate about multi-disciplinary art making.



**Vanessa Campbell**, intern in John and Bella's class, is currently pursuing her Masters in Clinical Mental Health, specializing in School and Community for School adjustments. She received her BA in Psychology with a minor in Education. Her previous work experience includes being a 1:1 aide at Cambridge Friends School and Belmont High School, the Dean of Residential and Community Life at EF Academy in Thornwood, NY and the Assistant Athletic Director and Activities Director at Chatham Hall in Chatham, VA. She also completed an internship at Arbor HRI Hospital in Brookline, in their Evening Intensive Outpatient Program.



**Katie Marino**, intern in Dana and Rachel's class, is pursuing her M.A. in Counseling and Behavioral Medicine. She holds a B.A. in Communication with a minor in Spanish. Previously, Katie was a 2nd grade teacher at Success Academy Charter School in Brooklyn, NY and was the Grade Team Lead of the 2nd grade team.



**Julia Jette**, intern in Lauren and Val's class, is currently pursuing an M.A. in Mental Health Counseling, School and Community Program. She holds a B.A. in Psychology. Previously, Julia interned at New Haven Reads, an after-school literacy and tutoring center and tutored online remote students during the Covid-19 shut down. She is interested in being a school adjustment counselor post graduation.



**Kelsey Werner**, intern in Cait and Kathy's class, is currently pursuing an M.A. in Clinical Mental Health Counseling with a specialization in Art Therapy and completed her B.A. in Art Therapy. Originally, Kelsey went to school for Early Childhood Education at Framingham State University. For three years, she worked at Mucky Kids Art Studio in Cambridge and currently works at Riverside Community Care as a Therapeutic Support Specialist.

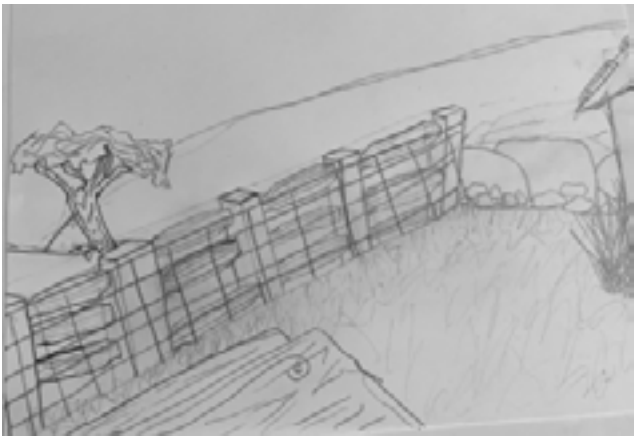


**Sophie McLaughlin**, intern in Steve and Christina's class, is pursuing an M.A. in Clinical Mental Health Counseling with a specialization in Expressive Arts Therapy, where she also received her B.S. in Expressive Arts Therapy. Previously Sophie was a movement specialist at Autism Alliance of Metrowest and interned at the Price Center in Newton and at the Community Art Center in Cambridge.

### Being the Vessel



*By Steve Brennan  
Therapeutic Teacher*



The Fence at CTDS



The West House at CTDS



The Barn at CTDS

